

Dear Patient:

I am pleased to offer you the latest treatment advance in Osteoarthritis of the knee.

First, I hope to answer the most common questions asked about Viscosupplementation.

What is Viscosupplementation? Viscosupplementation is the treatment of arthritis in joints by the injection into the joint of a compound of hyaluronate which is a natural substance normally found in joints. Hyaluronate normally lubricates the joint and makes the joint surfaces glide smoothly. The injection substance is a naturally occurring hyaluronate derived from animal sources. Hyaluronate is diminished from arthritic joints and the injection is designed to replace this normal lubrication to the affected joint.

How is viscosupplementation given? After evaluation determines that you are a candidate in whom the injection is viable and for whom it would be expected to be helpful, you will receive a series of injections (3) at one-week intervals.

What can I expect? The goal is relief of pain and restoration of function in the joint. No treatment helps in every single patient and the injection does not give you a new joint. You may not notice improvement until the last of the series of injections. Injections have been repeated in some experience after six months to two years.

Are there adverse effects or risks? There are always possible adverse effects to any treatment. PLEASE READ CAREFULLY THE LITERATURE THAT YOU HAVE BEEN SUPPLIED IN THIS PACKET. I WILL DISCUSS WITH YOU. ASK QUESTIONS.

We at Health Endeavors are proud to offer this treatment as part of a comprehensive approach to the treatment of arthritis.